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# HEALTHY CITY DESIGN INTERNATIONAL

RESEARCH • POLICY • PRACTICE

16-17 OCTOBER 2023

ROYAL COLLEGE OF PHYSICIANS, LIVERPOOL

## CALL FOR PAPERS

### URBAN RENEWAL AND HEALTH EQUITY

CHARTING A SUSTAINABLE PATH LOCALLY AND GLOBALLY

DEADLINE FOR ABSTRACTS: 18 MAY

[www.healthycitydesign.global](http://www.healthycitydesign.global) | [info@salus.global](mailto:info@salus.global)



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URBAN HABITATS  
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# URBAN RENEWAL AND HEALTH EQUITY: CHARTING A SUSTAINABLE PATH LOCALLY AND GLOBALLY

Urban policymakers, planners and practitioners keen to chart a path to sustainable development must link the local and global – activating measures that improve the lives of citizens and reduce health inequalities while addressing the wider impacts of planetary health.

This interplay between local regeneration and global climate resilience has been termed ‘climate-resilient development’ in the latest Intergovernmental Panel on Climate Change (IPCC) report. This identifies climate-resilient development as key to securing a healthier future for all and calls on cities to raise their game as leading protagonists in creating a more sustainable world.

But how can cities walk the delicate line between people health and planetary health? How can they chart a more sustainable path that meets both local and global needs?

There are many different aspects in the urban realm on which to capitalise, in order to create healthier outcomes for all. Research tells us that the provision of green-blue spaces and nature-based interventions can make a vital difference to people and planet. As cities around the world plot a path towards a healthier urban future, one of the key learnings of the past few years has been that nature, biodiversity and communities are all affected by lack of action on the climate emergency.

Better-designed housing is also a key foundation of a healthy and equitable city or community. Housing that is safe, free of damp and mould, with an abundance of natural light and liveable space that can be adapted to people’s needs over the life course, should be an expectation, not a luxury.

Digital technology has a significant role to play, from monitoring environmental conditions to connecting the smart city itself. Hybrid ways of working are questioning the traditional purpose of cities and company policies on environmental, social and governance (ESG) are demanding fresh solutions. Different approaches to inclusive placemaking and planning are rethinking the urban form. The rise of electric and autonomous vehicles also comes into the reckoning, as city mobility accelerates into the future.

## Targeted capital

Meanwhile, research models and design practices are evolving at pace, often driven by political agendas. The UK Government’s Levelling Up agenda, for example, is exerting a policy influence at a local level with targeted investments. It is focusing on six types of capital: physical capital (such as infrastructure and housing); human capital (the skills, health and experience of the workforce);

intangible capital (innovation, ideas and patents); financial capital; social capital (community strength, relationships and trust); and institutional capital (local leadership, capacity and capability). All of these forms of capital are relevant to remaking the healthy city with sustainable urban regeneration.

It is against this dynamic background that ‘urban renewal and health equity’ – specifically, the linking of local and global in climate-resilient development to reduce health inequalities and create social value – forms the theme of the 2023 Healthy City Design International Congress.

We’re interested in receiving proposals for papers, video+posters and workshops in the spheres of practice, research and policy for design, art, technology, urbanism, culture and health that capture key elements of this fast-changing picture.

## On the road

Previous editions of the Healthy City Design International Congress have looked at creating a shared culture of wellness, designing for resilience, dealing with the impact of Covid-19, and promoting diversity and inclusion.

In 2023, we aim to set out the practical steps that will put cities on a sustainable path to better health for people and planet. And in a nod to balancing the global and the local – as well as reflecting the importance of policy agendas such as levelling-up and efforts to rebalance the economy – we’re taking the Congress ‘on the road’, moving away from the ‘megacity’ of London to a new venue in the port city of Liverpool, which can share many recent lessons about urban regeneration and redevelopment.

Organised by SALUS Global Knowledge Exchange in partnership with the Helen Hamlyn Centre for Design, Royal College of Art, an internationally renowned research hub in the field of inclusive and socially sustainable design, the Healthy City Design International Congress and Exhibition 2023 will take place at the Royal College of Physicians’ new northern headquarters, the Spine Building, one of the world’s healthiest buildings.



### Prof Jeremy Myerson

Co-founder, Healthy City Design; director, WORKTECH Academy; professor emeritus, Royal College of Art



### Marc Sansom

Co-founder, Healthy City Design; director, SALUS Global Knowledge Exchange

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# CALL FOR PAPERS

Healthy City Design 2023 (HCD 2023) International Congress & Exhibition is a global forum for the exchange of knowledge on the research, policy and practice of designing healthy and sustainable cities and communities.

After several years held at the Royal College of Physicians, London this year's Congress is the first to be hosted outside of the capital, at the WELL-certified The Spine, the Royal College's northern headquarters.

Attendees will develop their knowledge of the political, social and economic context, new policy directions, emerging practice, latest research findings, and skills and core competencies in designing, planning and commissioning city services, technology, infrastructure and developing real estate that improve people and planetary health. We are delighted to invite you to submit abstracts on the following core themes.

## Congress streams

- **Homes and neighbourhoods:** Setting new design standards that remove barriers to healthier lifestyles and redress health inequalities
- **Urban design, placemaking and the public realm:** Urban strategies to improve social cohesion, health equity and economic opportunity
- **Transport and mobility:** Smart and integrated low-carbon transport systems, hubs and infrastructure that promote inclusive communities
- **Smart cities and urban tech:** Scaling digital tech in urban systems to create a low-carbon future that is more liveable, safer and resilient
- **Planetary health:** Transforming cities to enhance natural ecosystems, mitigate climate change, create health co-benefits, and progress SDGs
- **Work and workplace:** Designing new workplace models across diverse settings to enhance health, wellbeing, purpose and productivity
- **Population health:** Multisectoral partnering across the local health economy to improve health planning and deliver place-based care

## Cities & Health – Healthy City Design Congress special issue

SALUS is partnering with the international Routledge journal Cities & Health to publish a Healthy City Design Congress Special Issue, providing opportunities for both academic exposure, practitioner impact, and policy insight.

If you wish for your abstract to be considered as a potential paper for the Special Issue, please check the box on the congress abstract submission form.

**Please note:** that the selection process for presenting at Healthy City Design and for being accepted for the Special Issue will be separate evaluation processes. Authors are invited to submit practice-based case studies, academic research papers, policy-based papers, or commentary.

For further information visit: [bit.ly/HCD\\_CH\\_SI2023](https://bit.ly/HCD_CH_SI2023) or contact [marcusxgrant@citieshealth.world](mailto:marcusxgrant@citieshealth.world)

Authors are invited to submit abstracts of 400 words in English for in-person presentation in the following formats: a) themed paper; b) video+poster; c) workshop. The abstract should clearly state the background, purpose, methods, results and conclusions/implications. Presentations in all formats can be focused on research, practice or theory. For full abstract guidelines, visit [www.healthycitydesign.global](http://www.healthycitydesign.global).

Each presentation will be delivered to an interdisciplinary audience. All abstracts will be subject to a rigorous blind peer-review process by the HCD 2023 programme committee. A carefully selected number will be chosen for oral presentation with a wider number presented as videos + posters. Proposals must be submitted using the abstract proposal form, available at [www.healthycitydesign.global](http://www.healthycitydesign.global) and MUST include the following:

- a) presentation type (themed paper, poster or workshop);
- b) knowledge focus (research, practice or theory);
- c) congress theme (plenary or stream);
- d) title, author(s), organisational affiliation, and three keywords.

Abstracts of the papers selected for presentation will be published in the Final Programme. **Please note:** the author(s) and/or co-author(s) are required to register and pay the registration fee to participate and present the paper at the Congress. While the Congress will include virtual streaming online for delegates around the world, all speakers are expected to attend 'in person'.

More information on the conference venue /virtual event platform and the registration fee will be available at [www.healthycitydesign.global](http://www.healthycitydesign.global) in mid-April. The Preliminary Programme will be published in July. All abstracts should be submitted online by 18 May and all enquiries by e-mail should be sent to the following address:

**HCD 2023 Secretariat**  
**E-mail:** [info@salus.global](mailto:info@salus.global) | **T:** + 44 (0)1277 634176

## PROVISIONAL TIMETABLE

### March 2023

Launch of Call for Papers

### 18 May 2023

Deadline for HCD 2023 Congress abstracts

### July 2023

Launch of the Preliminary Programme

### September 2023

Deadline for Early bird / speaker registration and manuscripts

### Monday 16 October 2023

08.00-19.00: HCD 2023 Congress & Exhibition

### Tuesday 17 October 2023

08.00-19.00: HCD 2023 Congress & Exhibition

## Who should submit a paper and attend?

The Healthy City Design 2023 International Congress & Exhibition attracts the world's leading interdisciplinary policy thinkers, researchers and practitioners.

The Congress will be of interest to:

- City governance and policy
- Urban designers and planners
- Real estate developers
- Commercial property investors
- Sustainability practitioners
- Academics and researchers
- Architects and designers
- Engineers and surveyors
- Health/social care planners
- Public health practitioners
- Occupational therapists
- Business/technology leaders
- Senior public servants
- Environmental groups
- Economists
- House builders



# THE PROGRAMME COMMITTEE



## Rachel Cooper OBE PhD

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## Advisory Group

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### Christine Hancock

Founder, C3 Collaborating for Health, UK

For further enquiries on the event programme, sponsorship or exhibition opportunities, contact:

**SALUS Global Knowledge Exchange** E: [info@salus.global](mailto:info@salus.global) · T: +44 (0)1277 634176

[www.healthycitydesign.global](http://www.healthycitydesign.global)