

Healthy Cities Design International 2019 Royal College of Physicians – London, UK

How Community-focused Systems are Addressing Urban-Global Issues





Agenda

- 1. A Brief History of Utopias
- 2. Intended & Unintended Consequences
- 3. Community-focused Systems
 - BREEAM Communities
 - LEED-ND
 - Living Community Challenge
 - WELL Communities
 - Fitwel Communities
 - 100 Resilient Cities
 - EcoDistricts
 - AIA 2030 Districts
- 4. Themes

















The world map of overnutrition



Prevalence of obesity in adults (BMI \geq 30) in the population of a country

Source: WHO (2015), data for the year 2014



INTERNATIONAL LIVING FUTURE

INSTITUTESM



EcoDistricts®

2030

DISTRICTS

IONAL





BREEAM® delivered by bre



BREEAM®

www.breeam.org/ communities Project Type Communities

BREEAM Communities

Integrating sustainable design into masterplanning





-







Figure 3. Average percent impervious surface area within 1.5 km of LEED[®]-ND[™] sites.





LIVING COMMUNITY CHALLENGESM 1.2

A Visionary Path to a Regenerative Future



INTERNATIONAL LIVING FUTURE INSTITUTE"

PETALS

Imagine communities that function like a forest ecosystem. The Living Community Challenge is organized into seven performance areas.





Restoring a healthy coexistence with nature .



- WATER

Creating water independent sites, buildings and communities.





Relying only on current solar income.



• HEALTH + HAPPINESS

Maximizing physical and psychological health and well being.





Endorsing products and processes that are safe for all species through time.





Supporting a Just, equitable World.





Celebrating plans that purpose transformative change.





THE WELL COMMUNITY STANDARD PILOT

ERNATIONAL

JILDING

The premier global standard for supporting health and well-being through inclusive, integrated and resilient communities.





OUR HEALTH IMPACT CATEGORIES

Each strategy within the scorecard is linked by scientific evidence to at least one of Fitwel's seven Health Impact Categories:







Publications + Resources



Assembly: Civic Design Guidelines



The Active Design Guidelines



Building Healthy Places Toolkit



Assembly: Project Orientation



Assembly: Research Brief One



Assembly Civic Engagement Survey



Policy Brief: Impact In Affordable Housing



Active Design: Guide for Community Groups



Promoting Safety



Affordable Designs for Affordable Housing

100 RESILIENT CITIES





INDICATORS

QUALITIES

REDUNDANT

- - +

FLEXIBLE

	INTEGRATED	INCLUSIVE	REFLECTIVE	RESOURCEFUL	ROBUST
1.1 Safe and affordable housing				1	
1.2 Adequate affordable energy supply				++	
1.3 Inclusive access to safe drinking water					
1.4 Effective sanitation				+ 1	
1.5 Sufficient affordable food supply					
2.1 Inclusive labour policies					
2.2 Relevant skills & training					
2.3 Local business development and innovation					
2.4 Supportive financing mechanisms					
2.5 Diverse protection of livelihoods					
following a shock					
3.1 Robust public health systems 3.2 Adequate access to quality healthcare				+	
3.3 Emergency medical care				·	
3.4 Effective emergency response services					
4.1 Local community support					
4.2 Cohesive communities					
4.3 Strong city-wide identity & culture					
4.4 Actively engaged citizens				10000	
5.1 Effective systems to deter crime					
5.2 Proactive corruption prevention					
5.3 Competent policing					
5.4 Accessible criminal and civil justice					
6.1 Well-managed public finances 6.2 Comprehensive business continuity planning				_	
6.3 Diverse economic base					
6.4 Attractive business environment					
6.5 Strong integration with regional &					
global economies					
7.1 Comprehensive hazard and exposure mapping 7.2 Appropriate codes, standards & enforcement					
7.2 Effectively managed protective ecosystems					
7.4 Robust protective infrastructure					
8.1 Effective stewardship of ecosystems				t i	
8.2 Flexible Infrastructure services					
8.3. Retained spare capacity					
8.4 Diligent maintenance & continuity					
8.5 Adequate continuity for critical assets & services					
9.1 Diverse and affordable transport networks					
9.2 Effective transport operation & maintenance					
9.3 Reliable communications technology					
9.4 Secure technology networks					
10.1 Appropriate government decision-making					
10.2 Effective co-ordination with other government bodies					
10.3 Proactive multi-stakeholder collaboration					
10.4 Comprehensive hazard monitoring and					
risk assessment					
10.5 Comprehensive government emergency management				I I	
11.1 Adequate education for all				10000	
11.2 Widespread community awareness					
& preparedness 11.3 Effective mechanisms for communities					
to engage with government					
12.1 Comprehensive city monitoring &					
data management 12.2 Consultative planning process					
12.3 Appropriate land use and zoning					
12.4 Robust planning approval process					
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"Resilience is based on the shifting relationship between scales, and between autonomy on the one hand and connectivity on the other."

Allan, P. & Bryant, M. (2011) 'Resilience as a framework for urbanism and recovery'. Journal of Landscape Architecture 6(2), p. 43





















*Using no fossil fuel GHG-emitting energy to operate.



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Themes – Beyond Geometry

- 1. Sustainability more than efficiency and conservation
- 2. Resiliency + Health
- 3. Strategies + Evidence-based Design
- 4. Design + Construction + Operations
- 5. Community Input
- 6. Engagement with Stakeholders + Existing Infrastructure
- 7. Goals-driven
- 8. Friendly Competition
- 9. Scalable Along a Spectrum of Potential and Time
- 10. Accountability











Regulate Planners: Development rights over social engineering, then tightly define planning scope to access/traffic, infringements on neighbours, heritage, and pollution.

Abolish land use prescriptions: The market should allocate land uses, so more residences can come in until the right balance with work and entertainment is discovered.

Stop all vain and unproductive attempts at "milieu protection"

Abolish prescriptive housing standards: Planners and politicians should stay away from housing standards. Here too the market has the best chance to discover the most useful, productive and life/prosperity-enhancing mix. They protect nobody and eliminate choice. All subsidized goods are oversupplied and thus partially wasted.

Abolish social & affordable housing: No more imposition of affordable housing quotas, phase out and privatise all council housing, phase out the housing benefit system (substitute with monetary support without specific purpose allocation).

Abolish government home ownership subsidies: This distorts real housing preferences and biases against mobility.

Abolish rent control & tenancy regulation: Allow free contracting on tenancy terms and let a thousand flowers bloom, creating a dense, urban fabric that delivers stimulating urbanity our post-Fordist society desires.

Privatise streets, public spaces and possibly whole urban districts



